



East Lyme Niantic Public Access Corridor

Trail Highlights

This scenic 0.5-mile corridor begins at Smith Avenue in downtown Niantic, and follows the shore adjacent to the Niantic River and Niantic Bay to its terminus at the Niantic River Drawbridge. The path resembles a wooden boardwalk as it follows the edge of the river, offering numerous scenic views of the shoreline and Long Island Sound. The path allows the user to walk along the shoreline separated from traffic on nearby Route 156.

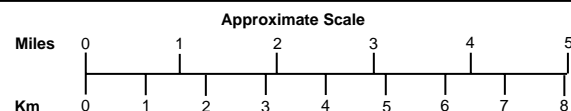
Parking and Accessibility

A public parking area is located adjacent to the Niantic River Drawbridge near the head of the walkway. Parking is also available at a number of spots along Main Street.

From I-95 North: Take exit 72, the Rocky Neck State Park Connector. At the end of the ramp, take a left onto Route 156, West Main Street. Follow Route 156 for 3.3 miles into downtown Niantic. The parking area is located off Route 156 on the left, prior to the Niantic River Drawbridge.

From I-95 South: Take exit 74 and follow the exit ramp to Route 161, Flanders Road. Turn south onto Route 161 (Flanders Road), and follow Route 161 south for 3.1 miles until the intersection with Route 156, Main Street. Take a left onto Route 156 East. The parking area is located off Route 156 on the left, prior to the Niantic River Drawbridge.

EAST LYME NIANTIC PUBLIC ACCESS CORRIDOR



Recommended Activities



Prohibited Activities



LOCATION: East Lyme
ENDPOINTS: Smith Avenue and Niantic River Drawbridge

HOURS: 24 hours
LENGTH: 0.5 miles
SURFACE: Concrete and wood planking

CONTACT: Director of Public Works
 Town of East Lyme
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